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HÜESPEDES CON PLAN EUROPEO, LAS ACTIVIDADES DE BIENESTAR Y DEGUSTACIÓN DE TEQUILA ESTÁN DISPONIBLES POR UN COSTO ADICIONAL DE \$40 USD.

	LUNES MONDAY	MARTES TUESDAY	MIÉRCOLES WEDNESDAY	JUEVES THURSDAY	VIERNES FRIDAY	SÁBADO SATURDAY	DOMINGO SUNDAY
9:30 a.m.	TAI CHI *CAÑADA DECK 	ESTIRAMIENTO STRETCHING CLASS *CAÑADA DECK 	TAI CHI *CAÑADA DECK 	YOGA *CAÑADA DECK 	CLASE DE CUENCOS TIBETANOS SINGING BOWLS *CAÑADA DECK 	YOGA *CAÑADA DECK 	ESTIRAMIENTO STRETCHING CLASS *CAÑADA DECK 
10:30 a.m.	SOLAR ECLIPSE *INFINITY POOL 	PADDLEBOARD CLINIC *INFINITY POOL 	BOCCE BALL *BEACH 	CAMINATA NATURAL NATURE WALK *INFINITY POOL 	PADDLEBOARD CLINIC *INFINITY POOL 	CORN HOLE TOURNAMENT *BEACH 	CAMINATA NATURAL NATURE WALK *INFINITY POOL 
11:00 a.m.		PING PONG TOURNAMENT *THE VENT 	JENGA TOURNAMENT *INFINITY POOL 		PING PONG TOURNAMENT *THE VENT 	DARTS DARDOS *INFINITY POOL 	
12:00 p.m.	ACUAEROBICS POOL WORKOUT *INFINITY POOL 	ACUAEROBICS POOL WORKOUT *INFINITY POOL 	DESAFIO DEL BAÑO FRÍO 	ACUAEROBICS POOL WORKOUT *INFINITY POOL 	ACUAEROBICS POOL WORKOUT *INFINITY POOL 	DESAFIO DEL BAÑO FRÍO 	HEALING WAVES DJ SESSION *INFINITY POOL 
2:00 p.m.	MIX, BEATS & DRINKS MIXOLOGY *DROPS 	ACUATERAPIA WATSU *ARMONY POOL 		ICE BATH CHALLENGE *INFINITY POOL 	ACUATERAPIA WATSU *ARMONY POOL 	MIX, BEATS & DRINKS MIXOLOGY *DROPS 	ICE BATH CHALLENGE *INFINITY POOL 
3:00 p.m.	MONDAY GROOVE DJ SESSION *INFINITY POOL 	TEQUILA DEGUSTACIÓN TASTING *THE VENT 	ORGANIC FREQUENCES DJ SESSION *INFINITY POOL 	TEQUILA DEGUSTACIÓN TASTING *THE VENT 	MITA BEATS DJ & SAX *INFINITY POOL 	LATIN SOUL DJ & DRUMS *INFINITY POOL 	LINE DANCES BAILES DE LINEA *INFINITY POOL 
4:00 p.m.		VOLLEYBALL ACUÁTICO POOL VOLLEYBALL *ARMONY POOL 		VOLLEYBALL ACUÁTICO POOL VOLLEYBALL *ARMONY POOL 			
5:00 p.m.	WET BLACK JACK *INFINITY POOL 	BEER PONG TOURNAMENT *INFINITY POOL 	SONOTERAPIA SOUND HEALING *THE VENT 	WET BLACK JACK *INFINITY POOL 	SONOTERAPIA SOUND HEALING *THE VENT 	WET BLACK JACK *INFINITY POOL 	BEER PONG TOURNAMENT *INFINITY POOL 
8:00 p.m.	"ALL IN" CASINO LIVE MUSIC GAMES *BLEND 	RIVIERA JAZZ GALLERY LIVE MUSIC ART GALLERY *BLEND 	¡BAILA CUBA! LIVE MUSIC SALSA DANCING CLASS *BLEND 	GLOW WITH FLOW DJ SESSION 9:00 p.m. *PLAZA ARMONY 	LOGO & CO FASHION FRIDAY PASARELA CATWALK LIVE MUSIC *BLEND 	ARMONY VIBES DJ SESSION 8:00 p.m. *PLAZA ARMONY 	SALUD + MEZCAL LIVE MUSIC GAMES *BLEND 
NOCHES TEMA THEME NIGHTS							

PROGRAMA DIARIO DE BIENESTAR · DAILY WELLNESS SCHEDULE

**CLASE DE CUENCOS
TIBETANOS**
SINGING BOWLS CLASS
9:30 a.m.
VIERNES
FRIDAY
*CAÑADA DECK



YOGA
9:30 a.m.
JUEVES Y SÁBADO
THURSDAY & SATURDAY
*CAÑADA DECK



RETO DE LA TINA CON HIELO
ICE BATH CHALLENGE
12:00 p.m.
MIÉRCOLES & SABADO
SATURDAY
*INFINITY POOL



**AQUATERAPIA
WATSU**
2:00 p.m.
MARTES Y JUEVES
TUESDAY & THURSDAY
*ARMONY POOL"



**SONOTERAPIA
SOUND HEALING**
5:00 p.m.
MIÉRCOLES Y VIERNES
WEDNESDAY & FRIDAY
*THE VENT



CLASE DE TAI CHI
TAI CHI CLASS
9:30 a.m.
LUNES Y MIÉRCOLES
MONDAY & WEDNESDAY
*CAÑADA DECK

